



# YOUR JOURNEY



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING		<p>Story Capture Workshop</p>	<p><b>Impact Training:</b> Cultural Immersion</p>	<p>On Ground Impact Activities</p>	<p>On Ground Impact Activities</p>	<p>On Ground Impact Activities</p>	<p><b>Design Session:</b> "Empowering the Next Wave of Travelers"</p>	<p>Prepare Ship for Next Week of Travelers</p>
MID-DAY	<p><b>BOARD ADONIA</b></p> <p>Sail Away Event</p>	<p><b>Featured Event</b></p> <p>Fathom Interactive Festival</p>	<p><b>ARRIVE IN DOMINICAN REPUBLIC</b></p> <p>On Ground Impact Activities with Cohort</p>	<p>On Ground Impact Activities</p>	<p>On Ground Impact Activities</p>	<p><b>DEPART DOMINICAN REPUBLIC</b></p> <p>Sail Away Event</p>	<p><b>Guided Reflection:</b> "Envisioning and Understanding Your Future Impact Story"</p>	<p><b>RETURN HOME</b></p>
EVENING	<p>Meet Cohort and Impact Guide. Overview of Week</p>	<p><b>Featured Event</b></p> <p>Fathom Vision Keynote on Deck</p>			<p><b>Featured Event</b></p> <p>Last Night in DR Celebration with Local Food &amp; Music</p>		<p><b>Featured Event</b></p> <p>Fathom Community Story Experience</p>	
	AT SEA		ON GROUND			AT SEA		

**Core Programming:** Prepare for your Impact journey. Sessions that all Impact travelers are expected to attend.

**Optional Programming:** You'll be able to choose many ways to spend your time. Optional programming is offered throughout the journey including many "Featured" large group events, experiential workshops, entertainment, skills building, education, and more.

**Note:** Activities described are representative of the type and style of activities that will be offered. The activities available on specific days and itineraries will vary.



## SAMPLE DAYS IN YOUR JOURNEY



### MONDAY: SAMPLE AT SEA DAY

#### 6–9 am

##### **At leisure on board and breakfast**

Pick from any or none at all. Yoga, Morning Meditation, workout in the gym, or enjoy coffee poolside. Enjoy a delicious full breakfast experience or lighter compliment of fresh fruit, granola and healthy juices.

#### 9–11 am

##### **Attend design workshop “How to create and tell amazing stories”**

Impact Travel experiences create lasting personal memories and inspire them to follow in suit. Learn techniques from design thinking and storytelling experts to effectively capture your story along the journey.

#### 12–1 pm

##### **Lunch on the Conservatory’s outdoor deck**

Enjoy a balanced menu that focuses on nourishing, sustainable, and when possible, locally sourced foods. Ideal to recharge and feel great all day long.

#### 1–2 pm

##### **Enjoy the rejuvenating spa services**

Make the time to take care of your mind and body with an invigorating massage

#### 2–3 pm

##### **Participate in a required “On-Ground Training” session**

Interacting with Children: Engaging students and teaching English in schools.

#### 3–6 pm

##### **Immerse into Fathom Interactive Festival**

Fathom Interactive Festival is an inspirational launch pad for creative cause area entrepreneurship, arts and culture. This interactive festival allows one to engage in panel discussions, interactive workshops, and design thinking showcases with leading social impact partners and entrepreneurs.

#### 7–8:30 pm

##### **Head to Ocean Grill for a Dominican inspired dinner**

Cuisine as a window into the culture of the Dominican Republic...Ocean Grill features Dominican recipes prepared by Dominican chefs for a truly memorable regional food, beverage, and service experience.

#### 8:30–9:30 pm

##### **Attend Keynote Event**

Learn more about Fathom vision, cumulative impact from previous trips, and enjoy Dominican music and entertainment on deck.

### WEDNESDAY: SAMPLE ON GROUND DAY

#### 9–10 am

##### **Gather and depart from Amber Cove**

Meet up with other travelers taking part in the same Impact Activity and join your guide to board small buses for the trip to the activity site.

#### 10am–12 pm

##### **Work at an organic cacao nursery**

Join members of a cacao growers association to plant and maintain cacao seedlings that will be transplanted to local farms. Local families contribute to the efforts by donating kitchen scraps that you are able to transform into the nursery's own organic fertilizers.

#### 12:30–1:30 pm

##### **Have lunch at a nearby community center**

Join your fellow volunteers for a quick meal of traditional Dominican fare prepared by women in the surrounding neighborhood.

#### 1:30–4:30 pm

##### **Make artisanal chocolate with Dominican entrepreneurs**

Participate in the story of a group of independent women who came together to form a successful collective that produces some of the country's best artisanal chocolate. Learn how the seedlings you worked with in the morning are transformed into a variety of products and get hands on experience in many steps of the process.

#### 1:30–4:30pm

##### **Option B: Relax on the beach**

Bring your towel and head over to one of the sandy beaches where you can rent snorkels, fins, and other watersports equipment. You can also kick back at Amber Cove's own pool, complete with a lazy river and private cabanas.

#### 4:30–5 pm

##### **Travel back to Amber Cove**

#### 5–9 pm

##### **Catch the shuttle to Puerto Plata and enjoy the local Dominican cuisine and culture**

Take a short shuttle ride into town and enjoy the lively music and entertainment or an intimate dinner alongside the local community at one of many world-class local dining destinations.

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